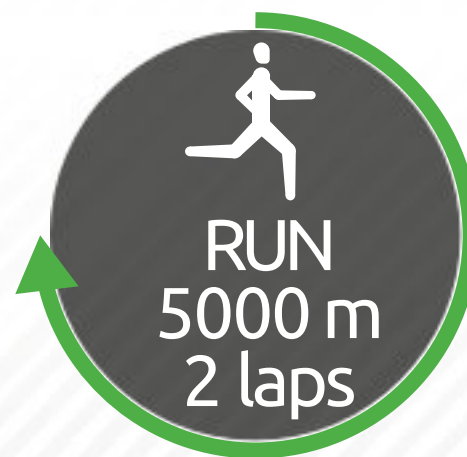


loulé
Aqui e Agora

Quarteira
FREGUESIA

**FEDERAÇÃO DE
TRIATLO
PORTUGAL**



**Europe
Triathlon
Junior Cup**

**Quarteira
2026**

loulé
Aqui e Agora

RACE MAP

29th march 2026

2026 Europe Triathlon Junior Cup Quarteira.

DISTANCES:

SWIM	750 m 1x	BIKE	20 000 m 3x	RUN	5000 m 2x
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2026 Europe Triathlon Junior Cup Quarteira.

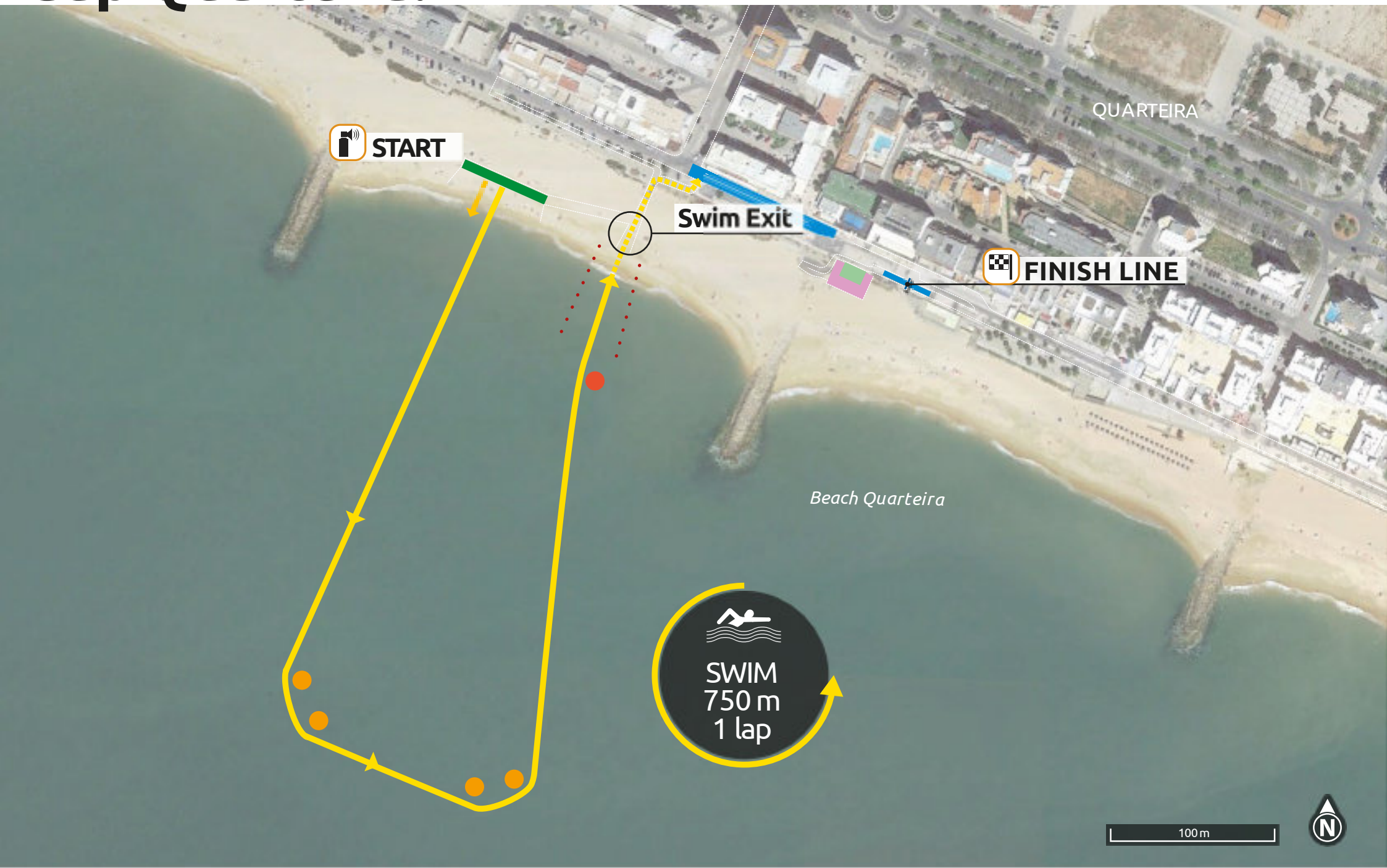
DISTANCES:



SWIM



750 m
1 lap



START

Swim Exit



FINISH LINE



SWIM
750 m
1 lap

100m



2026 Europe Triathlon Junior Cup Quarteira.

DISTANCES:



QUARTEIRA

Mount Line



TRANSITION AREA



BIKE
20 000 m
3 laps

30 m

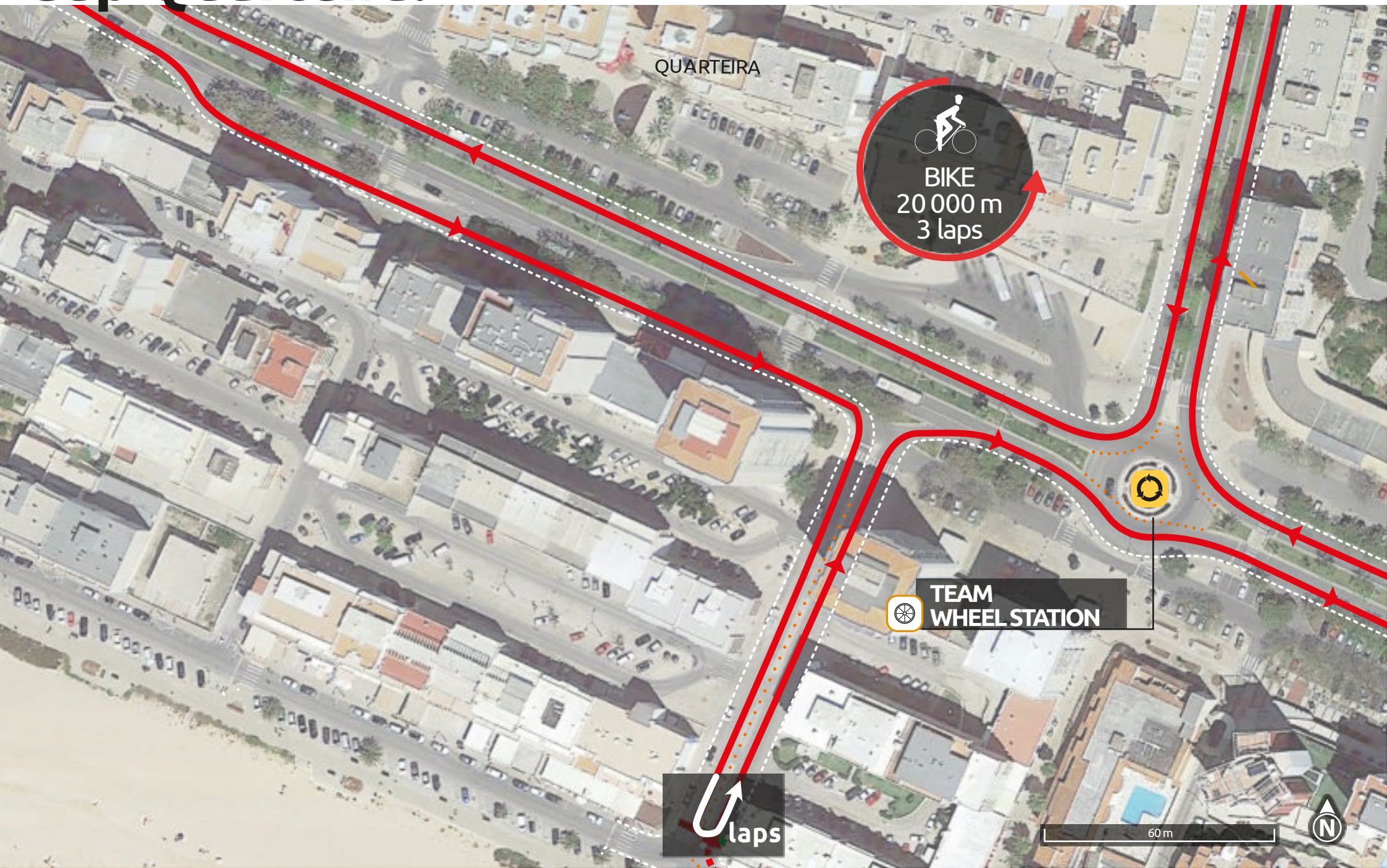


2026 Europe Triathlon Junior Cup Quarteira.

DISTANCES:



20 000 m



QUARTEIRA


BIKE
20 000 m
3 laps

 TEAM
WHEEL STATION

 laps

60 m



2026 Europe Triathlon Junior Cup Quarteira.

DISTANCES:



20 000 m

QUARTEIRA


BIKE
20 000 m
3 laps

Turning Point 1



Turning Point 3



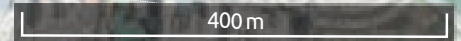
Turning Point 2



FINISH LINE



TRANSITION AREA

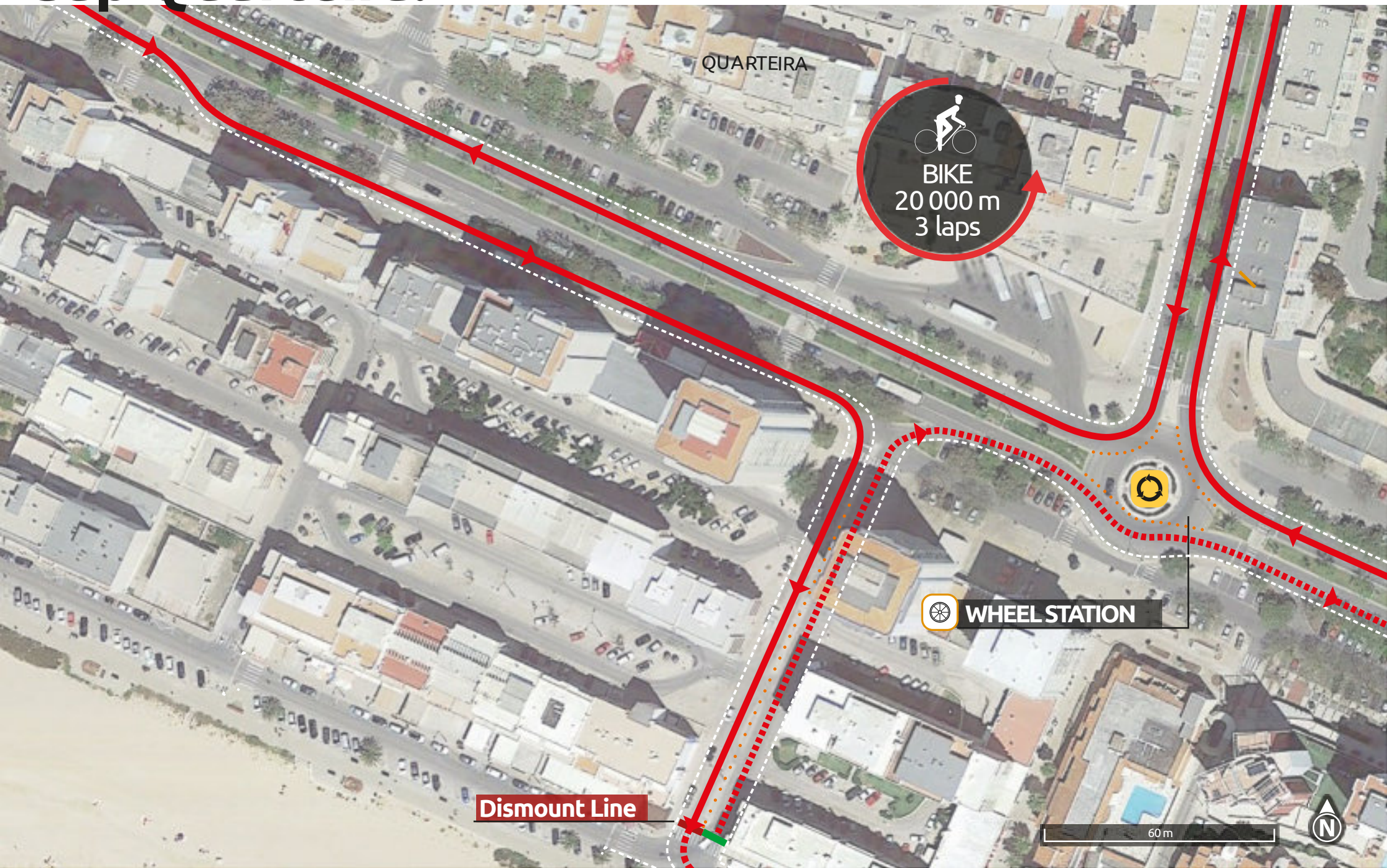


2026 Europe Triathlon Junior Cup Quarteira.

DISTANCES



20 000 m



QUARTEIRA



BIKE
20 000 m
3 laps



WHEEL STATION

Dismount Line

60 m



2026 Europe Triathlon Junior Cup Quarteira.

DISTANCES:  BIKE  RUN 


BIKE
20 000 m
3 laps

Dismount Line

QUARTEIRA


RUN
5000 m
2 laps

Praia de Quarteira

 TRANSITION AREA

Run Turning Point

30 m



2026 Europe Triathlon Junior Cup Quarteira.

DISTANCES:



5000 m
2x



3º. Run
Turning Point

AID STATION

FINISH LINE

PENALTY BOX

QUARTEIRA

1º. Run
Turning Point

AID STATION

2º. Run
Turning Point

RUN
5000 m
2 laps

100 m

