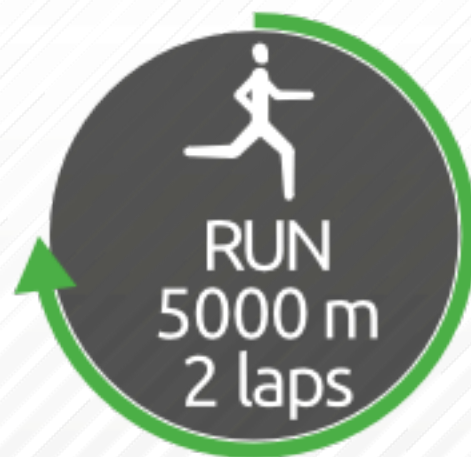


loulé
Aqui e Agora

Quarteira
FREGUESIA

 **FEDERAÇÃO DE TRIATLO
PORTUGAL**



 **Europe
Triathlon
Junior Cup**

**Quarteira
2025**

loulé
Aqui e Agora

RACE MAP

30th march 2025

2025 Europe Triathlon Junior Cup Quarteira.

DISTANCES: SWIM 750 m 1x BIKE 20 000 m 3x RUN 5000 m 2x

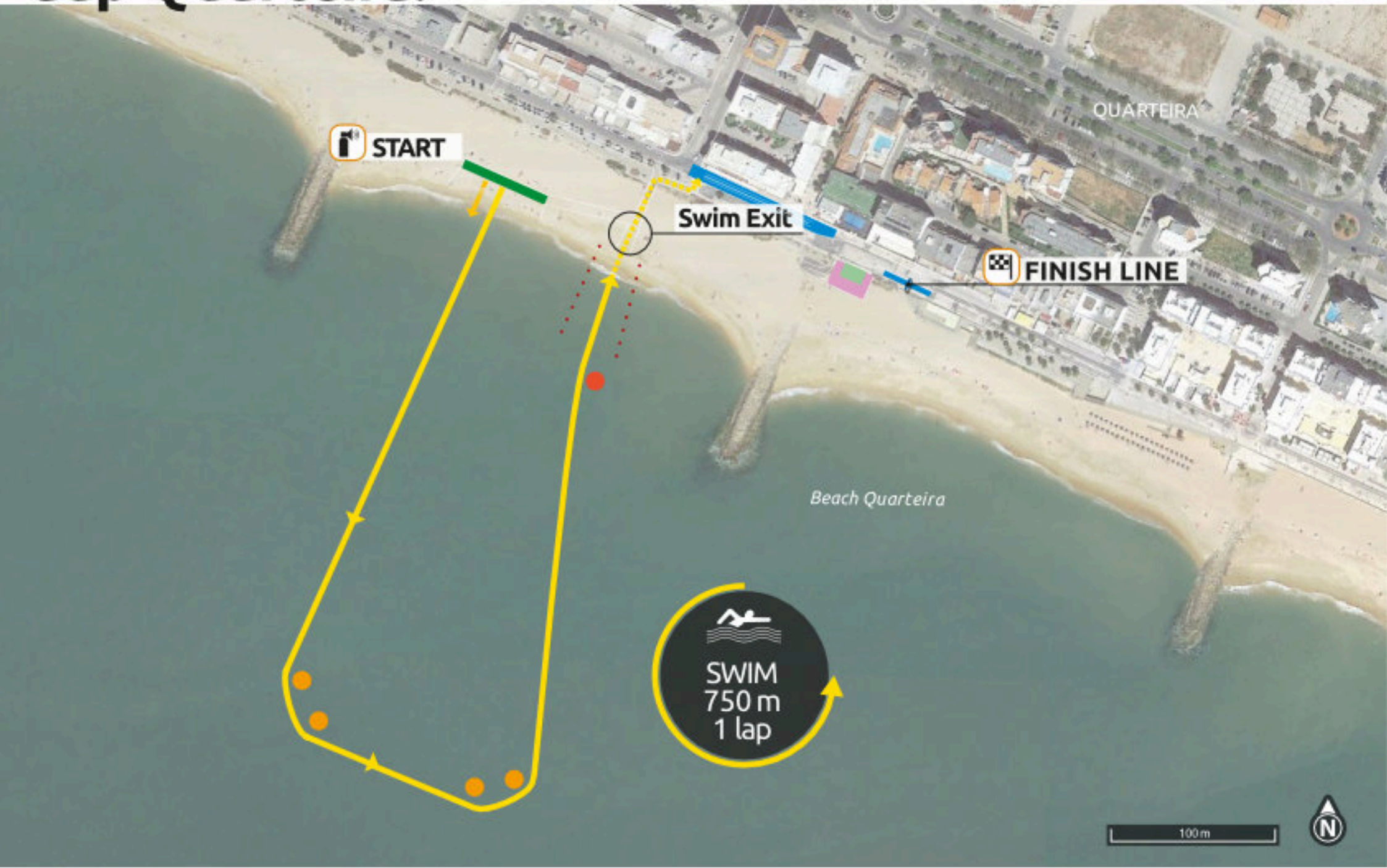


2025 Europe Triathlon Junior Cup Quarteira.

DISTANCES:



1x 750 m
1 lap



START

Swim Exit

FINISH LINE

QUARTEIRA

Beach Quarteira

SWIM
750 m
1 lap

100m



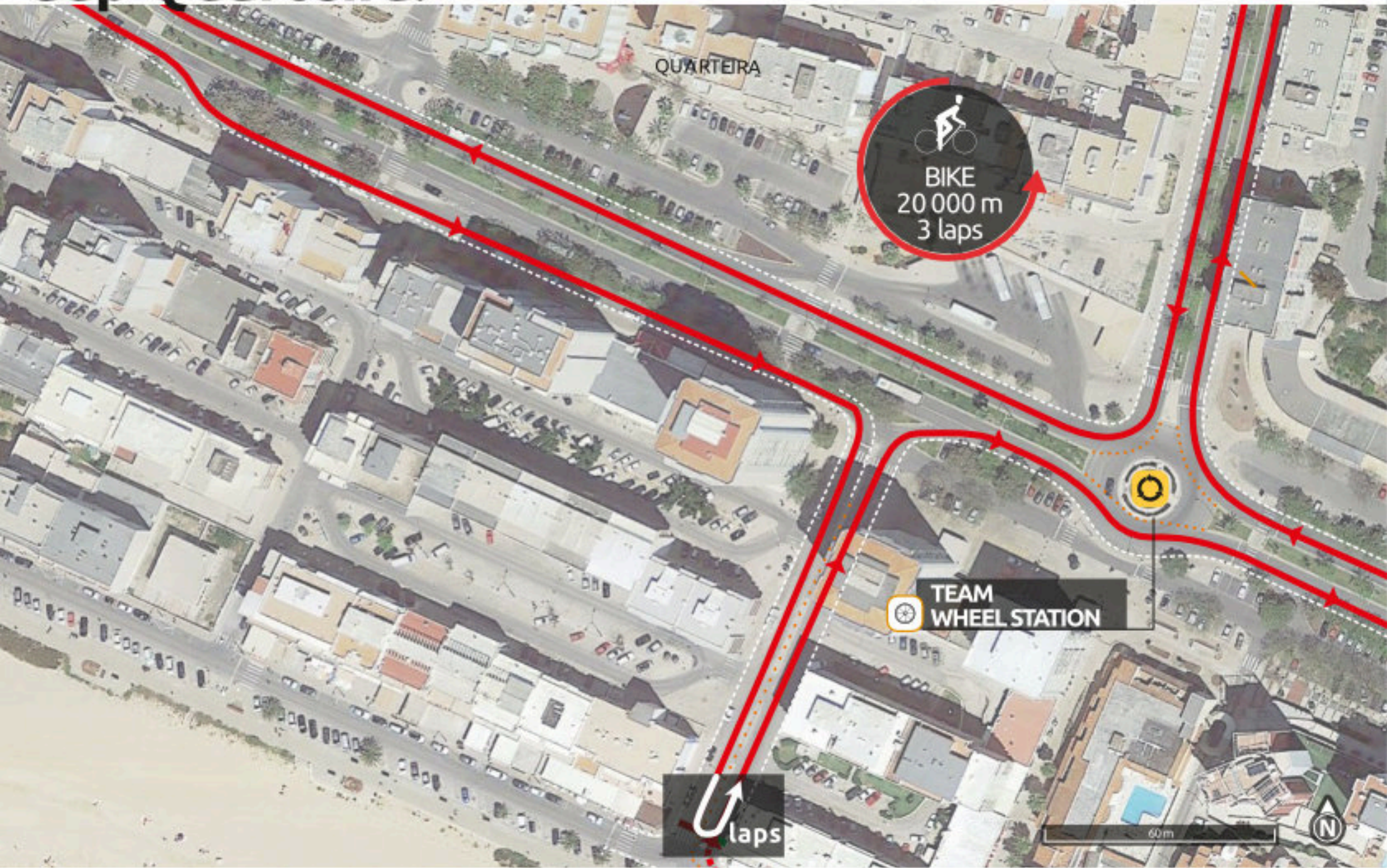
2025 Europe Triathlon Junior Cup Quarteira.

DISTANCES:  SWIM  BIKE  3x 20 000 m



2025 Europe Triathlon Junior Cup Quarteira.

DISTANCES:  BIKE  20 000 m



QUARTEIRA


BIKE
20 000 m
3 laps

 TEAM
WHEEL STATION

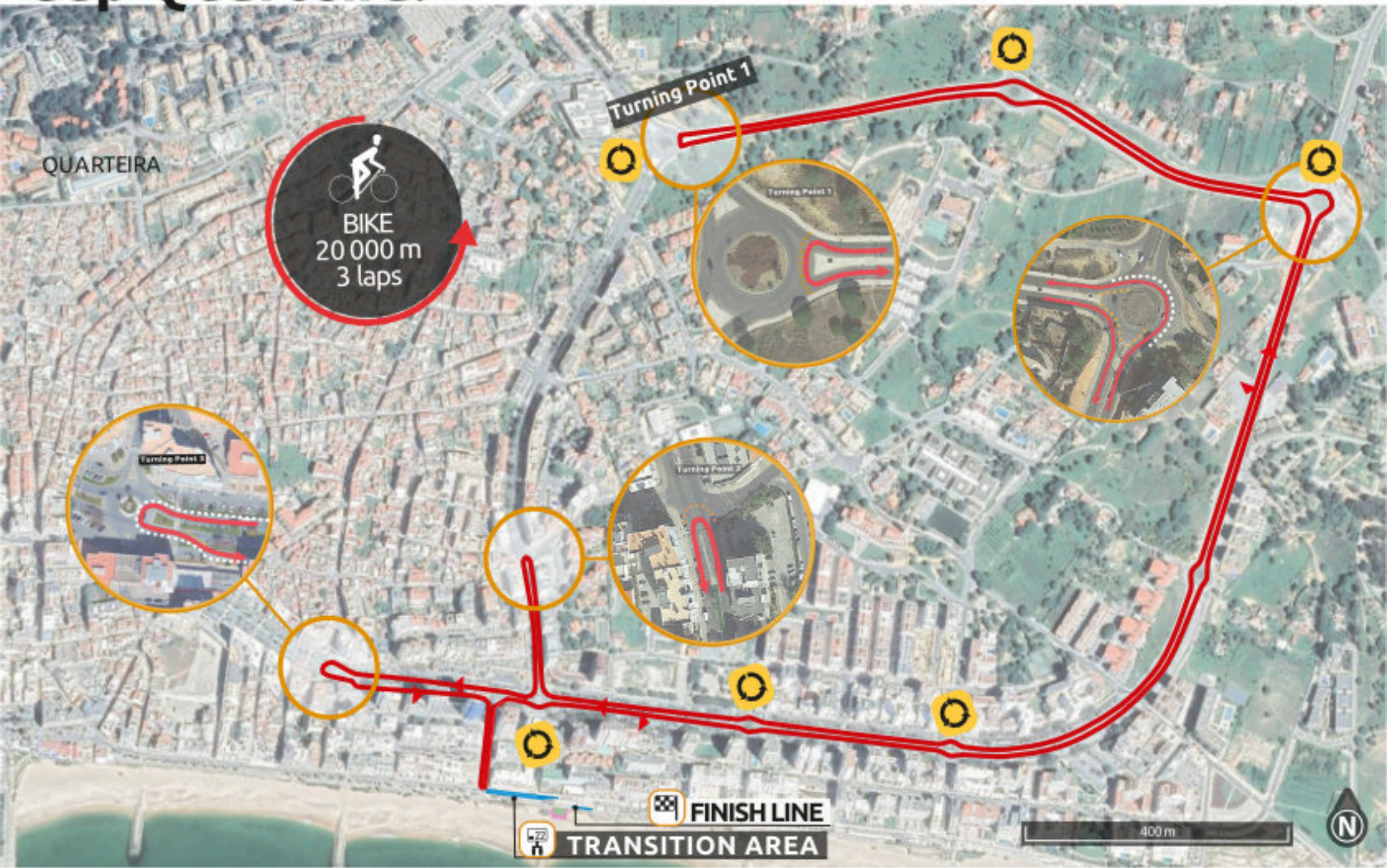
 laps

60m



2025 Europe Triathlon Junior Cup Quarteira.

DISTANCES:  BIKE  20 000 m



2025 Europe Triathlon Junior Cup Quarteira.

DISTANCES



20 000 m
3x



QUARTEIRA

BIKE
20 000 m
3 laps

WHEEL STATION


Dismount Line

60m



2025 Europe Triathlon Junior Cup Quarteira.

DISTANCES:  BIKE  RUN  5000 m 2x




BIKE
20 000 m
3 laps

Dismount Line



RUN
5000 m
2 laps

Praia de Quarteira

 **TRANSITION AREA**

Run Turning Point

30 m



2025 Europe Triathlon Junior Cup Quarteira.

DISTANCES:



5000 m
2x



3°. Run
Turning Point

AID STATION

FINISH LINE

PENALTY BOX

1°. Run
Turning Point

AID STATION

2°. Run
Turning Point

RUN
5000 m
2 laps

100 m

